

# Strong Interest Inventory® and Myers-Briggs Type Indicator® Career Report with Strong Profile

Career Report developed by Judith Grutter and Allen L. Hammer

Report prepared for LUKE SAMPLE March 21, 2020

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## HOW THE STRONG CAN HELP YOU

The Strong Interest Inventory® instrument is a powerful tool that can help you make satisfying decisions about your career and education. Whether you are just starting out in your career, thinking about a change, or considering education options for career preparation, you can benefit from the wealth of information reflected in your Strong results. Understanding your Strong Profile can help you identify a career focus and begin your career planning and exploration process.

Keep in mind that the *Strong* measures interests, not skills or abilities, and that the results can help guide you toward rewarding careers, work activities, education programs, and leisure activities—all based on your interests. As you review your Profile, remember that managing your career is not a one-time decision but a series of decisions made over your lifetime.

#### **HOW YOU WILL BENEFIT**

The *Strong* can be a valuable tool in helping you identify your interests, enabling you to

- · Achieve satisfaction in your work
- · Identify career options consistent with your interests
- Choose appropriate education and training relevant to your interests
- Maintain balance between your work and leisure activities
- Understand aspects of your personality most closely associated with your interests
- · Determine your preferred learning environments
- Learn about your preferences for leadership, risk taking, and teamwork
- · Use interests in shaping your career direction
- · Decide on a focus for the future
- Direct your own career exploration at various stages in your life

#### **HOW YOUR RESULTS ARE ORGANIZED**

#### **Section 1. General Occupational Themes**

Describes your interests, work activities, potential skills, and personal values in six broad areas: Realistic (R), Investigative (I), Artistic (A), Social (S), Enterprising (E), and Conventional (C).

#### **Section 2. Basic Interest Scales**

Identifies specific interest areas within the six General Occupational Themes, indicating areas likely to be most motivating and rewarding for you.

## **Section 3. Occupational Scales**

Compares your likes and dislikes with those of people who are satisfied working in various occupations, indicating your likely compatibility of interests.

## **Section 4. Personal Style Scales**

Describes preferences related to work style, learning, leadership, risk taking, and teamwork, providing insight into work and education environments most likely to fit you best.

## **Section 5. Profile Summary**

Provides a graphic snapshot of Profile results for immediate, easy reference.

#### **Section 6. Response Summary**

Summarizes your responses within each category of *Strong* items, providing data useful to your career professional.

Note to professional: Check the Response Summary in section 6 of the Profile before beginning your interpretation.

## **GENERAL OCCUPATIONAL THEMES**

**SECTION 1** 

The General Occupational Themes (GOTs) measure six broad interest patterns that can be used to describe your work personality. Most people's interests are reflected by two or three Themes, combined to form a cluster of interests. Work activities, potential skills, and values can also be classified into these six Themes. This provides a direct link between your interests and the career and education possibilities likely to be most meaningful to you.

Your *standard scores* are based on the average scores of a combined group of working adults. However, because research shows that men and women tend to respond differently in these areas, your *interest levels* (Very Little, Little, Moderate, High, Very High) were determined by comparing your scores against the average scores for your gender.

#### THEME DESCRIPTIONS

THEME	CODE	INTERESTS	WORK ACTIVITIES	POTENTIAL SKILLS	VALUES
Artistic	Α	Self-expression, art appreciation, communication, culture	Composing music, performing, writing, creating visual art	Creativity, musical ability, artistic expression	Beauty, originality, independence, imagination
Realistic	R	Machines, computer networks, athletics, working outdoors	Operating equipment, using tools, building, repairing, providing security	Mechanical ingenuity and dexterity, physical coordination	Tradition, practicality, common sense
Investigative	ı	Science, medicine, mathematics, research	Performing lab work, solving abstract problems, conducting research	Mathematical ability, researching, writing, analyzing	Independence, curiosity, learning
Social	S	People, teamwork, helping, community service	Teaching, caring for people, counseling, training employees	People skills, verbal ability, listening, showing understanding	Cooperation, generosity, service to others
Enterprising	E	Business, politics, leadership, entrepreneurship	Selling, managing, persuading, marketing	Verbal ability, ability to motivate and direct others	Risk taking, status, competition, influence
Conventional	С	Organization, data management, accounting, investing, information systems	Setting up procedures and systems, organizing, keeping records, developing computer applications	Ability to work with numbers, data analysis, finances, attention to detail	Accuracy, stability, efficiency

YOUR HIGHEST THEMES	YOUR THEME CODE
Artistic, Realistic, Investigative	ARI
<u> </u>	

THEME	CODE		STD SCORE				
TILML	CODE	30	40	50	60	70	31D 3CORE
Artistic	Α =				HIGH		62
Realistic	R ==			ı	MODERATE		60
Investigative	1			MODERATE			55
Social	s =			MODERATE			54
Enterprising	E =			MODERATE			54
Conventional	C =		LITTLE				40

The charts above display your GOT results in descending order, from your highest to least level of interest. Referring to the Theme descriptions provided, determine how well your results fit for you. Do your highest Themes ring true? Look at your next highest level of interest and ask yourself the same question. You may wish to highlight the Theme descriptions above that seem to fit you best.

## **BASIC INTEREST SCALES**

**SECTION 2** 

The Basic Interest Scales represent specific interest areas that often point to work activities, projects, course work, and leisure activities that are personally motivating and rewarding. As with the General Occupational Themes, your interest levels (Very Little, Little, Moderate, High, Very High) were determined by comparing your scores against the average scores for your gender.

As you review your results in the charts below, note your top interest areas and your areas of least interest, and think about how they relate to your work, educational, and leisure activities. Take time to consider any top interest areas that are not currently part of your work or lifestyle and think about how you might be able to incorporate them into your plans.

#### YOUR TOP FIVE INTEREST AREAS

- 1. Visual Arts & Design (A)
- 2. Athletics (R)
- 3. Finance & Investing (C)
- 4. Performing Arts (A)
- 5. Counseling & Helping (S)

## **Areas of Least Interest**

Programming & Information Systems (C)

Office Management (C)

Computer Hardware & Electronics (R)

## **ARTISTIC** — High

BASIC INTEREST SCALE STD SCORE & INTEREST LEVEL 30 40 50 60 70						STD	
Visual Arts & Design			40	30	VH	_	67
Performing Arts					н		59
Culinary Arts					н		58
Writing & Mass Communication			М				46

#### **REALISTIC** — Moderate

BASIC INTEREST SCALE	STD SCORE & INTEREST LEVEL 30 40 50 60 70						STD SCORE
	. 3	U 4	HU ;	ou c	0U 1	// .	JUIL
Athletics					Н		63
Mechanics & Construction				M			61
Protective Services				M			58
Nature & Agriculture				M			EE.
				IVI			55
Military				M			54
Computer Hardware & Electronics		VL					41

## **INVESTIGATIVE** — Moderate

BASIC INTEREST SCALE	<b>ST</b> 30	D SCORE	<b>&amp; INTER</b> 50	<b>EST LE</b> \ 60	<b>/EL</b> 70	STD SCORE
Science				M		59
Medical Science			M			55
Research		L				41
Mathematics		L				41

#### **SOCIAL** — Moderate

BASIC INTEREST SCALE	<b>ST</b> 30	D SCORE	& INTER	EST LEV	<b>/EL</b> 70	STD SCORE
Counseling & Helping				Н		58
Teaching & Education			М			55
Human Resources & Training			M			55
Religion & Spirituality			М			55
Social Sciences			M			54
Healthcare Services			M			51

#### **ENTERPRISING** — Moderate

BASIC INTEREST SCALE	<b>ST</b>	D SCORE	& INTER	EST LEV	<b>/EL</b> 70	STD
Entrepreneurship	30	40	DU N		70	58
Politics & Public Speaking			M			56
Law			М			55
Marketing & Advertising			M			53
Management			M			50
Sales		M				45

#### **CONVENTIONAL** — Little

BASIC INTEREST SCALE	<b>STI</b> 30	STD SCORE			
Finance & Investing			Н		61
Taxes & Accounting		L			40
Office Management	VL				35
Programming & Information Systems	VL				35

## **OCCUPATIONAL SCALES**

**SECTION 3** 

This section highlights your Profile results on the Occupational Scales of the *Strong*. On the following pages you will find your scores for 130 occupations. The 10 occupations most closely aligned with your interests are listed in the summary chart below. Keep in mind that the occupations listed in your Profile results are just *some* of the many occupations linked to your interests that you might want to consider. They do not indicate those you "should" pursue. It is helpful to think of each occupation as a single example of a much larger group of occupational titles to consider.

Your score on an Occupational Scale shows how similar your interests are to those of people of your gender who have been working in, and are satisfied with, that occupation. The higher your score, the more likes and dislikes you share with those individuals. The Theme codes associated with each occupation indicate the GOTs most commonly found among people employed in that occupation. You can review your top occupations to see what Theme codes recur and then explore additional occupational titles not included on the *Strong* that have one or more of these Theme letters in common.

#### YOUR TOP TEN STRONG OCCUPATIONS

- 1. Photographer (ARE)
- 2. Graphic Designer (A)
- 3. Occupational Therapist (SA)
- 4. Arts/Entertainment Manager (A)
- 5. Speech Pathologist (SA)
- 6. Medical Illustrator (AIR)
- 7. Parks & Recreation Manager (SE)
- 8. Physical Therapist (SIR)
- 9. Advertising Account Manager (AE)
- 10. Bartender (EAR)

## Occupations of Dissimilar Interest

Computer Scientist (ICR)

Sociologist (AI)

Physicist (IRA)

Mathematician (ICA)

Actuary (CI)

As you read through your Occupational Scales results on this and the following pages, note the names of those occupations for which you scored "Similar." Those are the occupations you might want to explore first. Also consider exploring occupations on which you scored in the midrange, since you have some likes and dislikes in common with people in those occupations. You might also consider occupations of least interest or for which you scored "Dissimilar"; however, keep in mind that you are likely to have little in common with people in these types of work and probably would contribute to such occupations in a unique way. Your career professional can guide you further in the career exploration process.

Click the name of any of the occupations in your top ten list above to visit the O\*NET™ database (http://www.onetonline.org) and see a summary description of that occupation. Learn about occupations by visiting reputable Web sites such as O\*NET. You can also find career information in a public library, in the career library of a college or university near you, or in a professional career center or state or local government job agency. Supplement your research by talking to people who are working in the occupations you are considering. These people can describe their day-to-day work and tell you what they like and dislike about the occupation.

## **ARTISTIC** — Creating or Enjoying Art, Drama, Music, Writing

THEME CODE	OCCUPATIONAL SCALE	<b>DISSIMILAR</b> 10 15 20	MIDRANGE 30 40	<b>SIMILAR</b> 50 55 60	STD SCORE
ARE	Photographer				59
Α	Graphic Designer				57
Α	Arts/Entertainment Manager				55
AIR	Medical Illustrator				54
ΑE	Advertising Account Manager				53
ARI	Architect				50
Α	Artist				46
AS	Art Teacher				43
Α	Musician				42
Al	Urban & Regional Planner				41
ΑE	Public Relations Director				40
Α	Editor				35
ΑE	Interior Designer				35
AE	Broadcast Journalist				33
Al	Technical Writer				32
ARE	Attorney				31
ASI	ESL Instructor				30
ASE	Public Administrator				30
Al	Translator				22
ASE	English Teacher				21
Α	Librarian				21
Α	Reporter				16
Al	Sociologist				4

## **REALISTIC** — Building, Repairing, Working Outdoors

THEME CODE	OCCUPATIONAL SCALE	<b>DISSIMILAR</b> 10 15 20	MIDRANGE 30 40	<b>SIMILAR</b> 50 55 60	STD SCORE
REA	Carpenter				42
RE	Landscape/Grounds Manager				42
RI	Radiologic Technologist				41
RIC	Electrician				40
R	Law Enforcement Officer				38
RCE	Production Worker				37
RI	Firefighter				36
REC	Management Analyst				36
RCE	Military Enlisted				33
R	Automobile Mechanic				31
RI	Engineer				31
REI	Horticulturist				29
RC	Computer & IS Manager				28
RI	Emergency Medical Technician				28
RSE	Vocational Agriculture Teacher				27
RIC	Computer/Mathematics Manager		I		26
RCI	Computer Systems Analyst				24
RIC	Engineering Technician				24
RC	Farmer/Rancher				24
RIC	Network Administrator				23
RIC	Software Developer				23
RI	Forester				22
REC	Military Officer				21
RCI	Technical Support Specialist				21
RIC	Computer Programmer				18

## Similar results (40 and above)

You share interests with men in that occupation and probably would enjoy the work.

## Midrange results (30-39)

You share some interests with men in that occupation and probably would enjoy some of the work.

#### Dissimilar results (29 and below)

You share few interests with men in that occupation and probably would not enjoy the work.

For more information about any of these occupations, visit 0\*NET™ online at http://www.onetonline.org

## INVESTIGATIVE — Researching, Analyzing, Inquiring

THEME CODE	OCCUPATIONAL SCALE	DISSIMILAR 10 15 20	MIDRANGE 30 40	<b>SIMILAR</b> 50 55 60	STD SCORE
ISA	Chiropractor				49
ICE	Pharmacist				45
IR	Dentist				44
IRS	Respiratory Therapist				39
IA	Biologist				37
IR	Veterinarian				37
IAR	Physician				35
IR	Optometrist				33
IRE	Medical Technician				32
IRC	Medical Technologist				31
IRA	Geologist				28
IAS	Psychologist				27
IRS	Science Teacher				26
IA	Geographer				22
IR	Chemist				21
IRC	R&D Manager				17
I	University Faculty Member				16
ICA	Mathematician				11
IRA	Physicist				6
ICR	Computer Scientist				3

## **SOCIAL** — Helping, Instructing, Caregiving

THEME CODE	OCCUPATIONAL SCALE	<b>DISSIMILAR</b> 10 15 20	MIDRANGE 30 40	<b>SIMILAR</b> 50 55 60	STD SCORE
SA	Occupational Therapist				56
SA	Speech Pathologist				55
SE	Parks & Recreation Manager				54
SIR	Physical Therapist				54
S	Mental Health Counselor				52
SEA	Special Education Teacher				52
SA	Social Worker				51
S	Career Counselor				48
SAR	Recreation Therapist				48
S	Elementary School Teacher				47
S	Secondary School Teacher				47
S	Middle School Teacher				46
S	Community Service Director				45
S	Instructional Coordinator				45
SRA	Rehabilitation Counselor				45
SAI	Registered Nurse				44
SA	University Administrator				40
SEC	Dietitian				39
SER	Human Resources Manager				39
SAE	Training & Development Specialist				33
S	Religious/Spiritual Leader				32
SE	School Counselor				30
SIR	Athletic Trainer				28
SEC	School Administrator				28

## Similar results (40 and above)

You share interests with men in that occupation and probably would enjoy the work.

## Midrange results (30-39)

You share some interests with men in that occupation and probably would enjoy some of the work.

#### Dissimilar results (29 and below)

You share few interests with men in that occupation and probably would not enjoy the work.

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## **OCCUPATIONAL SCALES**

## **SECTION 3**

## **ENTERPRISING** — Selling, Managing, Persuading

THEME CODE	OCCUPATIONAL SCALE	<b>DISSIMILAR</b> 10 15 20	MIDRANGE 30 40	<b>SIMILAR</b> 50 55 60	STD SCORE
EAR	Bartender				53
ER	Chef				52
EA	Cosmetologist				49
EAS	Flight Attendant				49
E	Loan Officer/Counselor				44
Е	Life Insurance Agent				43
ESR	Human Resources Specialist				41
Е	Marketing Manager				40
ER	Operations Manager				40
ER	Technical Sales Representative				39
ECR	Restaurant Manager				37
ER	Optician				36
Е	Personal Financial Advisor				36
Е	Top Executive, Business/Finance				35
ECS	Facilities Manager				33
Е	Sales Manager				33
Е	Wholesale Sales Representative				33
ESA	Elected Public Official				30
Е	Realtor				30
EAC	Florist				28
Е	Securities Sales Agent				28
ECR	Purchasing Agent				25
EC	Buyer				20

## CONVENTIONAL — Accounting, Organizing, Processing Data

THEME CODE	OCCUPATIONAL SCALE	DISSIM	ILAR 20	MIDRANGE 30 40	SIMIL/	<b>AR</b> 55 60	STD SCORE
CES	Nursing Home Administrator						42
CSR	Administrative Assistant						41
CR	Customer Service Representative						41
CRE	Financial Analyst						41
CA	Paralegal						39
CRE	Business/Finance Supervisor						37
CE	Credit Manager						35
CRE	Accountant						34
CES	Food Service Manager						34
С	Health Information Specialist						31
С	Auditor						30
CRE	Financial Manager						29
CES	Business Education Teacher						25
CIS	Mathematics Teacher						18
CI	Actuary						11

## Similar results (40 and above)

You share interests with men in that occupation and probably would enjoy the work.

## Midrange results (30-39)

You share some interests with men in that occupation and probably would enjoy some of the work.

#### Dissimilar results (29 and below)

You share few interests with men in that occupation and probably would not enjoy the work.

For more information about any of these occupations, visit 0\*NET™ online at http://www.onetonline.org

## PERSONAL STYLE SCALES

**SECTION 4** 

The Personal Style Scales describe different ways of approaching people, learning, and leading, as well as your interest in taking risks and participating in teams. Personal Style Scales help you think about your preferences for factors that can be important in your career, enabling you to narrow your choices more effectively and examine your opportunities. Each scale includes descriptions at both ends of the continuum, and the score indicates your preference for one style versus the other.

Your scores on the Personal Style Scales were determined by comparing your responses to those of a combined group of working men and women.

## YOUR PERSONAL STYLE SCALES PREFERENCES

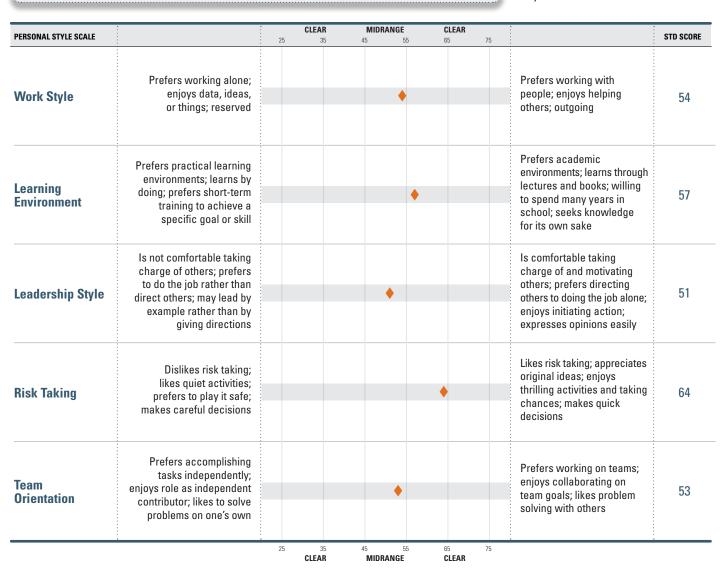
- 1. You likely prefer a balance of working alone and working with people.
- 2. You seem to prefer to learn through lectures and books.
- 3. You probably are comfortable both leading by example and taking charge.
- 4. You may like taking risks.
- 5. You probably enjoy both team roles and independent roles.

# Clear Scores (Below 46 and above 54)

You indicated a clear preference for one style versus the other.

#### Midrange Scores (46-54)

You indicated that some of the descriptors on both sides apply to you.



#### **PROFILE SUMMARY SECTION 5**

#### YOUR HIGHEST THEMES

#### Artistic, Realistic, Investigative

#### YOUR THEME CODE

#### **ARI**

#### YOUR TOP FIVE INTEREST AREAS

- 1. Visual Arts & Design (A)
- 2. Athletics (R)
- 3. Finance & Investing (C)
- 4. Performing Arts (A)
- 5. Counseling & Helping (S)

#### **Areas of Least Interest**

**Programming & Information** Systems (C)

Office Management (C)

Computer Hardware & Electronics (R)

#### YOUR TOP TEN STRONG OCCUPATIONS

- 1. Photographer (ARE)
- 2. Graphic Designer (A)
- 3. Occupational Therapist (SA)
- 4. Arts/Entertainment Manager (A)
- 5. Speech Pathologist (SA)
- 6. Medical Illustrator (AIR)
- 7. Parks & Recreation Manager (SE)
- 8. Physical Therapist (SIR)
- 9. Advertising Account Manager (AE)
- 10. Bartender (EAR)

## Occupations of **Dissimilar Interest**

**Computer Scientist (ICR)** 

Sociologist (AI)

Physicist (IRA)

Mathematician (ICA)

Actuary (CI)

#### YOUR PERSONAL STYLE SCALES PREFERENCES

- 1. You likely prefer a balance of working alone and working with people.
- 2. You seem to prefer to learn through lectures and books.
- 3. You probably are comfortable both leading by example and taking charge.
- 4. You may like taking risks.
- 5. You probably enjoy both team roles and independent roles.

## **RESPONSE SUMMARY**

**SECTION 6** 

This section provides a summary of your responses to the different sections of the inventory for use by your career professional.

#### ITEM RESPONSE PERCENTAGES **Section Title** Strongly Like Like Indifferent Dislike Strongly Dislike 21 31 20 **Occupations** 30 30 22 7 11 Subject Areas Activities 9 36 27 18 9 Leisure Activities 29 39 21 11 0 56 25 0 People 19 0 11 67 22 0 Your Characteristics 0 32 28 18 **TOTAL PERCENTAGE**

Note: Due to rounding, total percentage may not add up to 100%.

Total possible responses: 291 Your response total: 291 Items omitted: 0 Typicality index: 24—Combination of item responses appears consistent.





## INTRODUCTION TO YOUR STRONG AND MBTI® CAREER REPORT

As part of your career exploration process you recently took two powerful assessments:

- The Strong Interest Inventory® (Strong) assessment
- The Myers-Briggs Type Indicator® (MBTI®) assessment

Both of these tools have been revised and updated through many decades of research and provide the latest, most thorough information available relating career interests, personality, and work environments. Although each assessment is helpful in itself, examining your combined results will expand your understanding of both yourself and your career options.

This report builds on what you have learned from prior interpretations of the *Strong* and MBTI tools. Although the following pages include brief summaries of your *Strong* and MBTI results, make sure that you have discussed each assessment with a career professional first in order to get the most from this report.

## **HOW YOU WILL BENEFIT**

The Strong and MBTI® Career Report can help you identify

- · Work tasks you might find satisfying
- · Work environments that would be a good fit
- · Specific occupations and career fields you might enjoy
- Ways to alter your work environment to make it more satisfying
- · Leisure activities to balance your work life
- · Strategies for career development
- Tactics for staying motivated during the career exploration process

#### **HOW YOUR REPORT IS ORGANIZED**

The sections in your Strong and MBTI® Career Report are

- · Summary of Your Strong and MBTI Results
- Your Strong Themes and MBTI Preferences Combined
- · Your Personal Style and MBTI Preferences
- Career Fields and Occupations Suggested by Your Combined Results
- · Additional Occupations to Explore
- Career Development Strategies
- Successful Career Exploration and Change
- Next Steps

## SUMMARY OF YOUR STRONG AND MBTI® RESULTS

Your results on the *Strong* and MBTI tools are based on the same assumption—that you are most likely to be satisfied and productive if you are working at something you enjoy in an environment you find compatible.

- The *Strong* assessment matches your interests with six types of work environments.
- The MBTI assessment describes your personality type and matches it with types of work.

## YOUR SIX STRONG GENERAL OCCUPATIONAL THEMES

Your *Strong* Profile showed your level of interest in six General Occupational Themes. These Themes reflect broad patterns of interest and are used to describe both people's personalities and the environments in which they work. The Themes below are presented in your order of interest.

- · Artistic—Creating or enjoying art
- · Realistic—Building, repairing
- Investigative—Researching, analyzing
- · Social—Helping, instructing
- Enterprising—Managing, selling
- · Conventional—Accounting, processing data

Your highest Themes are Artistic and Realistic.

People with interests in these areas usually enjoy creating things with their hands. Being able to work alone on projects that express their unique creativity is often important to them.

#### YOUR FOUR MBTI® PERSONALITY PREFERENCES

You verified your MBTI personality preferences as follows: INTP.

- Introversion (I)—Getting energy from and attuning to inner reflection on ideas and experiences
- Intuition (N)—Taking in information from patterns and the big picture and focusing on future possibilities
- . Thinking (T)—Making decisions based primarily on logic and an objective analysis of cause and effect
- Perceiving (P)—Being flexible and spontaneous and wanting to keep your options open

People with INTP preferences are interested in theories and abstract ideas and in creating conceptual models. They like to solve problems through logical, objective analysis using their expert knowledge and technical skills.

If you have any questions about your Strong or MBTI results, be sure to ask your career professional for clarification.

## YOUR STRONG THEMES AND MBTI® PREFERENCES COMBINED

Your combined Strong Theme and MBTI results are described below. Your combined results will help you explore:

- What you might like to do
- Where you might like to work
- How you might like to work and learn

This report focuses on your Artistic *Strong* Theme because that is the Theme in which you showed the greatest interest. The Artistic Theme likely represents your strongest career motivator and the kinds of activities you find most energizing. Creative work environments will probably attract you first.

Your *Strong* results show that you are also quite interested in the Realistic and Investigative Themes. You may find it helpful to discuss with your career professional how these Themes might affect your career exploration.

## **ARTISTIC + INTP—The Independent Creators**

Artistic work environments	<ul> <li>Unstructured, flexible</li> <li>Autonomous</li> <li>Unconventional</li> <li>Focused on creativity and self-expression</li> </ul>
INTPs at work	<ul> <li>Enjoy strategic planning and problem solving</li> <li>Develop conceptual models</li> <li>Apply tough-minded analysis</li> <li>Design complex systems</li> </ul>
Artistic + INTP individuals often like	<ul> <li>Flexible, adaptable work environments</li> <li>Taking their research in new directions</li> <li>Approaching ideas creatively</li> <li>Working independently</li> </ul>

You can probably tell from the descriptions above that Artistic work environments are often attractive to INTPs. You are likely to be recognized for your ability to:

- Concentrate for long periods
- Contribute objectivity to the decision-making process
- Combine technical knowledge and creativity
- Combine ideas into an integrated whole

However, some Artistic work environments may seem a bit too subjective to you. Your logical approach to decision making may at times be viewed by others as putting a damper on their creativity.

#### YOUR PERSONAL STYLE AND MBTI® PREFERENCES

Explained below are your results on the five *Strong* scales that describe your personal style of working and learning, combined with the impact of your MBTI preferences.

#### STRONG WORK STYLE + MBTI® TYPE

## Your Strong result and MBTI preferences for Introversion and Thinking suggest that you may:

- · Want a balance between time alone and time with coworkers
- Like to work alone for a while and then discuss the results of your work with a small group or team
- Work best when you, rather than others, control your level of people contact

## **STRONG LEARNING ENVIRONMENT + MBTI® TYPE**

#### Your Strong result and MBTI preference for Intuition suggest that you would probably:

- Enjoy learning through lecture and reading
- Like exploring the broad theories and concepts that underlie your field of study
- · Be interested in knowledge for its own sake
- Want a position in which conceptual knowledge is valued and continual learning opportunities are available

#### STRONG LEADERSHIP STYLE + MBTI® TYPE

## Your Strong result and MBTI preference for Introversion suggest that you may:

- Enjoy being in charge of projects, but not necessarily want to manage the people who do the work on the project
- Choose when and where to express your opinions
- Step in and take charge if the situation calls for it and no one else comes forward

#### STRONG RISK TAKING + MBTI® TYPE

#### Your Strong result and MBTI preferences for Thinking and Perceiving suggest that you may:

- Be willing to take on risky new challenges or opportunities in your current job
- Be comfortable going in an entirely new career direction
- Logically weigh the risks of staying the course versus trying something new

#### STRONG TEAM ORIENTATION + MBTI® TYPE

## Your Strong result and MBTI preference for Introversion suggest that you would probably:

- Work as part of a team and participate in group projects when necessary
- Share the recognition for group efforts when appropriate
- Be willing to collaborate on goal setting and problem solving when asked

## CAREER FIELDS AND OCCUPATIONS SUGGESTED BY YOUR COMBINED RESULTS

Now that you have seen how your *Strong* Themes and MBTI preferences combine to suggest satisfying tasks and work environments, and how the *Strong* Personal Style Scales and MBTI preferences combine to suggest your styles of working and learning, it is time to narrow your career exploration to career fields and specific occupations.

## **CAREER FIELDS FOR ARTISTIC + INTP TYPES**

The career fields to the right reflect both Artistic work environments suggested by your *Strong* results and O\*NET<sup>™</sup> job families that attract INTP types. You can find out more about these career fields by looking up their codes at <a href="http://www.onetonline.org">http://www.onetonline.org</a>. Your career professional can help you explore many other career fields that may appeal to you. These are just a few suggestions to help you get started.

CAREER FIELD	O*NET CODE(S)
Architectural Design	17-1011.00
Multimedia Art and Illustration	27-1014.00
Technical Writing	27-3042.00
Scientific Photography	27-4021.00

## OCCUPATIONS FOR YOUR COMBINED STRONG AND MBTI® RESULTS

The occupations in the table that follows were suggested by both your *Strong* interests and your MBTI type, thus making it likely that you may find them satisfying and enjoyable. Keep in mind that

- Your interests are similar to those of people working in these occupations who like their work
- These occupations tend to attract people with the same MBTI type as you have who are satisfied with their job

These occupations are based on data collected from more than 70,000 people who are satisfied with their jobs and have taken the *Strong* inventory and from more than 90,000 people who are satisfied with their jobs and have taken the MBTI assessment. The occupations from both sources are linked to the occupations found in the O\*NET system of occupational classification developed by the U.S. Department of Labor. For more information about these occupations, click an occupation name in the left column or visit <a href="http://www.onetonline.org">http://www.onetonline.org</a> and enter the occupation name in the search box at the Web site.

## YOUR TOP COMBINED OCCUPATIONS

OCCUPATION	TYPICAL WORK TASKS	SELECTED KNOWLEDGE, SKILLS, ABILITIES (KSAs)
Graphic	Design or create graphics to meet specific needs, such as packaging, logos, or Web sites	Knowledge of techniques for media production, communication, and dissemination
Designer	Create designs based on knowledge of layout principles and aesthetic design concepts	<ul> <li>Knowledge of methods for showing, promoting, and selling products or services</li> </ul>
Buto I	Confer with clients about their careers and actions taken on their behalf	Knowledge of media production, communication, and dissemination techniques and methods
Arts/ Entertainment Manager	Schedule promotional or performance engagements and develop strategies for your clients' success	<ul><li>Knowledge of methods for promoting and selling services</li><li>Ability to come up with clever ideas and skill in</li></ul>
	Confer with art or production department heads to discuss presentations and to coordinate creative activities	persuading others to change their minds or behavior

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## YOUR TOP COMBINED OCCUPATIONS (continued)

OCCUPATION	TYPICAL WORK TASKS	SELECTED KNOWLEDGE, SKILLS, ABILITIES (KSAs)
Architect	<ul> <li>Plan and design structures such as private residences, office buildings, and factories</li> <li>Prepare scale drawings</li> <li>Consult with clients to determine functional and spatial requirements of structures</li> </ul>	Knowledge of design techniques and the production of drawings, blueprints, and models     Knowledge of materials and methods used to construct or repair buildings     Skill in identifying complex problems and developing and evaluating alternative solutions
Pharmacist	<ul> <li>Compound and dispense medications following prescriptions issued by authorized medical practitioners</li> <li>Assess the identity, strength, and purity of medications</li> <li>Advise customers regarding the selection of medication brands, medical equipment, and healthcare supplies</li> </ul>	<ul> <li>Knowledge of the chemical composition, structure, and properties of substances and of the chemical transformations they undergo, including drug interactions and danger signs</li> <li>Knowledge of the information and techniques required to diagnose and treat human injuries and diseases</li> </ul>
Musician	<ul> <li>Play one or more musical instruments in recital, in accompaniment, or as a member of an orchestra, band, or other musical group</li> <li>Transpose music to play in an alternate key or to fit individual style or purposes</li> </ul>	<ul> <li>Ability to detect or tell the differences between sounds that vary in pitch and loudness</li> <li>Ability to focus on a single source of sound in the presence of other distracting sounds</li> <li>Knowledge of techniques required to compose, produce, and perform works of music</li> </ul>
Urban & Regional Planner	<ul> <li>Develop comprehensive plans for land use</li> <li>Design and administer government plans and policies affecting land use, zoning, public utilities, facilities, housing, and transportation</li> <li>Hold public meetings and confer with interested parties to formulate land use or community plans</li> </ul>	<ul> <li>Knowledge of techniques and tools used to produce blueprints, drawings, and models</li> <li>Knowledge of laws, legal codes, government regulations, and agency rules</li> <li>Ability to use logic and reasoning to identify the strengths and weaknesses of alternative solutions</li> </ul>
Respiratory Therapist	<ul> <li>Assess, treat, and care for patients with breathing disorders</li> <li>Monitor patients' physiological responses to therapy and consult with physicians</li> </ul>	Knowledge of the information and techniques required to diagnose and treat human diseases     Skill in operating machines and equipment used in treating breathing disorders
Biologist	<ul> <li>Research or study basic principles of plant and animal life, such as origin, relationship, development, anatomy, and functions</li> <li>Identify, classify, and study structure, behavior, ecology, physiology, nutrition, culture, and distribution of plant and animal species</li> </ul>	Knowledge of plant and animal organisms, their tissues, cells, functions, interdependencies, and interactions with one another and the environment     Ability to use scientific rules and methods to solve problems
Management Analyst	Conduct organizational studies and evaluations and design systems and procedures Analyze data gathered and develop solutions or alternative methods of proceeding Confer with personnel concerned to ensure successful functioning of newly implemented systems or procedures	Knowledge of principles of strategic planning, resource allocation, leadership, production methods, and coordination of people and resources     Skill in giving full attention to what other people are saying and taking time to understand the points being made     Ability to combine pieces of information to form general rules or conclusions
Editor	<ul> <li>Assign topics, events, and stories to individual writers or reporters</li> <li>Develop story or content ideas, considering reader or audience appeal</li> <li>Plan the contents of publications</li> </ul>	<ul> <li>Knowledge of the English language, including the meaning and spelling of words, rules of composition, and grammar</li> <li>Knowledge of techniques for media production, communication, and dissemination</li> <li>Skill in communicating effectively in writing as appropriate for the needs of the audience</li> </ul>

## **ACTION STEP**

Do you see a pattern in these occupations? Try highlighting any KSAs or words or phrases that particularly appeal to you. You will probably see some trends emerge.

## ADDITIONAL OCCUPATIONS TO EXPLORE

The occupations listed in the preceding table were suggested because they match *both* your *Strong* interests and your MBTI preferences. There are many other occupations that may also be a good fit for your combined results, or for just one of the assessments. Some of them are listed here.

## **OCCUPATIONS TO EXPLORE**

Aerospace/Nautical Engineer	Legal Executive
Art Teacher	Medical Illustrator
Attorney	Nursing Home Administrator
Biomedical Engineer	Parks & Recreation Manager
Chiropractor	Political Scientist
Computer Systems Engineer	Power Plant Operator
Craft Artist	Recreation Therapist
Elected Public Official	Software Engineer
Engineer	Technical Writer
Flight Attendant	Writer

Don't be discouraged if the career field or occupation you are considering does not appear on one of your lists. Some people are successful in careers that are not typical for their interest patterns and personality types.

- Try looking at the broader patterns represented by these occupations rather than just at the titles. You may see that certain skill clusters or interest areas emerge.
- You might want to speak with a career professional to explore the unique perspective you could bring to your work, or to head off any stress that might arise as a result of your career choice.

## **ACTION STEPS**

As you consider the occupations suggested by your *Strong* and MBTI results, think about how each one fits with your interests and personality. Ask yourself:

- Will this career allow me to use my technical knowledge and expertise to create new concepts and designs?
- Will I have a great deal of autonomy and the opportunity for self-expression?
- Will I be appreciated for my analytical skills and ability to find creative solutions to problems?

Consider the patterns and trends that emerged from your occupational lists, or think about how the occupations might differ.

- Are there any skills that are common to almost all of the occupations?
- Can you narrow your choices to those that best fit your personality and current interests?

## **CAREER DEVELOPMENT STRATEGIES**

People take the Strong and MBTI assessments for many different reasons.

- Some are looking for a good match to start their career.
- Some are considering a career change.
- Some are looking for ways to make their current job more interesting.
- Some are trying to bring more balance into their life.

The activities that follow will help you use your *Strong* and MBTI results to make effective decisions in managing your career.

## ARE YOU LOOKING FOR A GOOD MATCH TO START YOUR CAREER?

Students and people who are entering the job market for the first time often take the *Strong* inventory and the MBTI assessment to guide them in a career direction that will be interesting and fulfilling. If this is true for you, be sure to consider entry positions that are a good fit for your *Strong* Theme and MBTI preferences. For each career direction you are considering, ask yourself:

Is this an intellectually challenging environment that focuses on the logical analysis of long-range possibilities?

☐ Is this an environment in which originality and finding new approaches to problem solving are rewarded? ☐ Will I be required to focus on precise facts and details, or to spend more time on bottom-line practicality than I like?
If you answered "yes" to the first two questions, you are probably considering a career or occupation that is a good fit for your INTP preferences.
The third question is a heads-up: Work often includes tasks that are not very appealing. But it is important that such tasks don't take up the majority of your work time.
You will also want your first career position to be a good match for your interests in the <i>Strong</i> Artistic Theme.
□ Is this work environment more flexible and creative than practical and orderly? □ Would I spend more time pursuing my ideas and expressing my individuality than organizing people and information? □ Would this job allow me to be self-expressive, independent, and/or artistic?

If you answered "no" to any of these questions, try to find a work environment that is a closer fit with your Artistic Theme.

## **ARE YOU CONSIDERING A CAREER CHANGE?**

People who take the *Strong* inventory or the MBTI assessment often do so because they feel some degree of career dissatisfaction. If this is true for you, it may be that your work is not a good fit for your MBTI type. Check the following statements that apply to you.

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	I work in an environment that is slow to accept new ideas or that requires me to do things that may be efficient but don't necessarily produce the best solutions to problems.
	I work in an environment where consensus and cooperation are rewarded more than logic and mental challenge.
	I am required to focus on facts and details, or to spend too much time on bottom-line practicality.
<b></b>	
•	checked any of these statements, you probably would be more satisfied in a career that allows you to focus on the big re and the logical analysis of long-range possibilities.
	lso possible that you are working in an environment that is not a good match for your interests in the Artistic Theme. k the following statements that apply to you.
	I work in an environment that is more practical and orderly than flexible and creative.
	I spend more time organizing people and information than pursuing my ideas and expressing my individuality.
	My job dogen't allow me to be self-expressive independent and/or artistic

If you checked any of the six statements above, consider talking with a career professional about ways to incorporate more of your MBTI preferences into your work or about finding a work environment that is a closer fit with the *Strong* Theme you find most appealing.

# DO YOU LIKE MOST OF WHAT YOU DO AT WORK BUT SOMETIMES WISH YOUR JOB COULD BE MORE INTERESTING?

As people mature and acquire work experience, it is quite common for them to begin to find appealing work tasks that are not typical for their personality type. If this is true for you, you might want to consider:

- Thinking about how your research could meet the practical needs of employees and clients
- Spending more time on personal and work relationships than you have been able to in the past
- Paying particular attention to the collection and accuracy of the data that support your vision

It may also be that particular characteristics of Themes other than Artistic appeal to you more than they used to. Consider your secondary Realistic Theme first, and then the others:

	Realistic—Building, repairing, using tools; working in an environment that is product driven, structured, and
	hands-on
	<b>Investigative</b> —Analyzing, solving problems, designing; working in an environment that is research oriented, scientific, and scholarly
	<b>Social</b> —Helping others, developing relationships, teaching; working in an environment that is collaborative, supportive, and cooperative
	<b>Enterprising</b> —Persuading, selling, debating ideas, leading; working in an environment that is business oriented, entrepreneurial, and fast paced
	<b>Conventional</b> —Organizing, managing information, planning events; working in an environment that is structured, hierarchical, and predictable
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Highlight any portions of the above statements that seem interesting to you, and consider how to use these interests to enrich the work you are already doing.

## WOULD YOU LIKE MORE BALANCE BETWEEN WORK AND OTHER AREAS OF YOUR LIFE?

Although very important and the major focus of this report, work is only one part of who we are. INTP types often find a great deal of satisfaction in the following:

- Studying and reading about politics, philosophy, and the sciences
- Learning new computer applications and surfing the Web
- Writing and going to the theater
- Participating in outdoor activities such as hiking and fishing

The *Strong* Basic Interest Scales also suggest areas that might be interesting to explore outside of work. Consider your five highest BISs and how you could activate them in leisure and volunteer activities, or by continuing your education.

<b>Visual Arts &amp; Design</b> —Taking or printing photographs; painting; making and posting videos; producing a newsletter for a group to which you belong; reading about art, architecture, or design; watching television programs about home decorating; taking classes in photography, commercial art, drawing, or public relations
<b>Athletics</b> —Coaching Little League; participating in team sports; promoting physical fitness; attending sports events; reading sports publications; watching sports on television; taking classes in physical education, recreation, or sports medicine
<b>Finance &amp; Investing</b> —Following the stock market; managing your family's finances; buying and selling real estate; joining an investment club; going to seminars on financial planning; buying and selling commodities and securities; reading and watching television programs about business and economics; taking classes in real estate, commerce, or economics
<b>Performing Arts</b> —Joining a community theater group; attending concerts or plays; playing a musical instrument or singing in a band or choir; creating performance art or participating in a poetry slam; reading about theater, music, or dance; watching performances on television; taking classes in music or drama
<b>Counseling &amp; Helping</b> —Volunteering at a counseling and/or crisis center; staffing a suicide prevention hotline; helping out in a special education classroom; reading self-help books; watching television talk shows; taking classes in psychology or counseling
singing in a band or choir; creating performance art or participating in a poetry slam; reading about theater, music, or dance; watching performances on television; taking classes in music or drama  Counseling & Helping—Volunteering at a counseling and/or crisis center; staffing a suicide prevention hotline; helpir out in a special education classroom; reading self-help books; watching television talk shows; taking classes in

If any of these suggestions appeal to you, consider exploring how you might use them to enrich your life and enjoy new activities during your leisure time.

## SUCCESSFUL CAREER EXPLORATION AND CHANGE

Everyone approaches career exploration and change differently. Your score on the *Strong* Risk Taking Personal Style Scale and your MBTI type may help you understand your unique approach.

#### RISK TAKING + THINKING-FEELING AND JUDGING-PERCEIVING

#### Your Strong Risk Taking score and your MBTI preference for Thinking and Perceiving suggest that:

- The idea of moving in a new career direction may be very appealing to you
- You are excited about the possibilities or the immediate challenges involved in doing something new
- You think the risk of staying where you are outweighs the risk of changing direction
- You may be more interested in the implications a job has for your career development than in the job itself

#### STAYING MOTIVATED

Your Artistic Theme suggests that there may be times when the career exploration process seems too goal oriented and structured to you. It may require you to be more practical than you like. To keep yourself motivated,

- Try some creative ways to research occupations, such as creating a collage of work-related activities that interest you, or
  writing down some dreams for your career and talking them over with a close friend
- Watch videos on the Web about careers that interest you or search the Web for online portfolios or other displays of creative work you might like to do yourself
- · Ask a close friend to keep you on target with your decision making, so that you don't go off in too many directions at once

## Be sure to capitalize on your INTP strengths to help you get past any roadblocks that get in your way:

- Use your **Introversion** to reflect on each step and to take time to reenergize by being alone, especially after a lot of people contact. But don't overlook the importance of networking and fine-tuning interviewing skills, even though it may take extra effort.
- Use your Intuition to explore new opportunities that arise during your career search. But be sure to collect all the necessary
  facts about your alternatives and find out how others have managed this process, too.
- Use your **Thinking** to objectively examine the logical consequences of each of your career alternatives. But don't forget to pay attention to how well the job matches your personal values—how you feel about each alternative, or how others might be affected by your decision.
- Use your **Perceiving** to stay open to new possibilities that may develop along the way. But be careful to structure your
  activities, set goals, and establish timelines to stay focused, even though it may take extra effort to do it.

## **NEXT STEPS**

Career tools such as the *Strong* and MBTI assessments can't answer all your career questions by themselves. They are meant to serve as a starting point in your exploration. You may find the following suggestions helpful:

- First, maximize the value of this report by looking for trends in your results and reviewing all the phrases you highlighted.
- Review your Strong Profile and your original MBTI results. What did you highlight there?

<ul> <li>Make a note here of the highlighted phrases that best descri-</li> </ul>	ibe you.
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- Talk to a career professional about any questions you still have about your *Strong* and MBTI results, and see if there are any other assessments you might want or need to take.
- Research the career fields and occupations suggested in this report at http://www.onetonline.org or http://www.bls.gov/ooh/.
- Visit your library or university career center and read about suggested occupations in the *Occupational Outlook Handbook* or other references available there.
- Find people who are familiar with the occupations that interest you. Conduct informational interviews with them, keeping your MBTI type preferences and *Strong* results in mind as you explore your options.

You may also find these Strong and MBTI interpretation booklets helpful:

- Where Do I Go Next? explains Strong-related interests, values, skills, and motivators, and the role they play in career decision making.
- Introduction to Type® and Careers presents career fields and occupations that attract persons who share your MBTI type.

The final step of your career exploration will be to look for job openings in the occupations that are on your list and to begin the application process. Check in with your career professional or job seekers group often to make sure you stay motivated and on target. Good luck as your career continues to unfold and develop!